
































PILATES

| LUNEDÌ | MARTEDÌ | MERCOLEDÌ | GIOVEDÌ | VENERDÌ | SABATO |
|--|---|--|--|--|---|
| 08:00 STUDIO Reformer Alessandro  | | 08:00 STUDIO Reformer Chiara  | | 08:00 STUDIO Reformer Chiara  | 10:30 STUDIO Reformer A turno  |
| 09:00 STUDIO Reformer Chiara  | 09:00 STUDIO Reformer Alessandro  | 09:00 STUDIO Reformer Chiara  | 09:00 STUDIO Reformer Alessandro  | 09:00 STUDIO Reformer Chiara  | 11:30 STUDIO Reformer A turno  |
| 10:00 STUDIO Matwork Alessandro  | 10:30 STUDIO Reformer Alessandro  | 10:00 STUDIO Matwork Chiara  | 10:30 STUDIO Reformer Alessandro  | 10:00 STUDIO Matwork Chiara  | |
| 13:30 STUDIO Reformer Cristina  | | 13:30 STUDIO Reformer Cristina  | 13:30 STUDIO Reformer Alessandro  | | |
| 14:30 STUDIO Reformer Cristina  | | 14:30 STUDIO Matwork Cristina  | 14:30 STUDIO Matwork Alessandro  | | |
| | 17:00 STUDIO Reformer Alessia  | | 17:00 STUDIO Reformer Alessia  | | |
| 18:00 STUDIO Reformer Alessia  | 18:00 STUDIO Reformer Alessia  | 18:00 STUDIO Reformer Alessia  | 18:00 STUDIO Reformer Alessia  | 18:00 STUDIO Reformer Alessandro  | |
| 19:00 STUDIO Reformer Alessandro  | | 19:00 STUDIO Reformer Alessandro  | | 19:00 STUDIO Reformer Alessandro  | |

Informazioni

- Prenotazione obbligatoria
- Lezioni Reformer massimo 6 persone
- Prenota la tua prova in segreteria!



Dabliu Prati

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